



Winter/Spring 2024-25 Activity List

Winter/Spring activity registration begins Friday, December 13!
erbmrec.com/register

Community Events

Cardboard Derby

Bring your cardboard sled, join the race, and win prizes!

Saturday, January 18

9:30am-12:30pm

Paintbrush Park

FREE! No registration needed.

NEW! Winter Wonderland Family Movie Night

Enjoy a special movie feature with the whole family!

Friday, January 24

5:00pm-8:00pm

4H Community Center

\$5 (+ concessions)

NEW! Parents' Night Out

Bring the kids to enjoy a movie and slip away for a romantic evening with your Valentine.

Friday, February 14

5:00pm-7:30pm

4H Community Center

\$5 (+ concessions)

Mother Daughter Tea

Wear your fanciest hat or crown for a chance to win a prize!

Saturday, February 22

2:00pm-4:00pm

Fairfield Center

\$10

Hunter Education

Get your hunter safety card!

March 7-9

4H Community Center

\$14 | Register by February 28.

Participants must pass a written test without assistance.

Father Daughter Ball

Fathers and daughters, please join us for the Annual Ball.

Friday, April 18

7:00pm-9:00pm

Fairfield Center

\$5

Community Pool Parties

Cupid's Pool Party

Friday, February 14 ~ 10:15am-Noon

Shamrock Pool Party

Friday, March 14 ~ 10:15am-Noon

All ages are welcome to attend MRC Pool Parties! Ages 7 and under must be supervised by someone age 13+ in the water. Normal fees and all pool rules apply.

Tot/Kinder Activities

Creative Movement

PreK-K (min. age 4)

MRC Studio

\$56 | Register by January 31.

Monday Class

January 6-April 28

4:00pm-5:00pm

Thursday Class

January 9-May 1

5:15pm-6:15pm

Tumble Fun

PreK-K (min. age 4)

Admin Gym

\$56 | Register by January 31.

Tuesday Class

January 7-April 29

4:00pm-4:45pm

Wednesday Class

January 8-April 30

4:00pm-4:45pm

Little Dribblers

PreK-K (min. age 4)

MES Gym

\$35 | Register by March 17.

March 24-April 16

Mondays & Wednesdays

5:45pm-6:30pm

Participation of parent/caregiver required.

Tiny Programs

Ages 2-3 with parent/caregiver

Tiny Open Gym

January 7-March 13

Tu/Th ~ 10:00am-11:00am

Admin Gym

\$1 punch/person/use. Get your Punch Pass at Guest Services.

Tiny Toes

March 25-April 22

Tu ~ 10:00am-10:45am

MRC Studio

\$25 | Register by March 18.

Tiny Sports & Games

March 27-April 24

Th ~ 10:00am-10:45am

Admin Gym

\$25 | Register by March 18.

Tot Spot Drop-In Childcare

Mondays & Wednesdays

MRC MP Room

9:00am-11:00am

January 6-April 30

\$2/1 hour or \$3/1.5 hours. Punch Pass required.

Youth Activities

Cowboy Cheer

Admin Gym

\$56 | Register by January 31.

1st-2nd Grade

January 6-April 28

Mondays, 4:00pm-5:00pm

3rd-5th Grade

January 9-May 1

Thursdays, 4:00pm-5:00pm

Tumbling & Acrobatics Admin Gym

\$56 | Register by January 31.

1st-2nd Grade

January 6-April 28

Mondays, 5:15pm-6:15pm

3rd-5th Grade

January 8-April 30

Wednesdays, 5:15pm-6:15pm

6th-8th Grade

January 6-April 28

Mondays, 6:30pm-7:30pm

Meeker Karate Club

1st-4th Grade

Admin Gym

\$46 | Register by January 21.

Level 1

January 7-April 8

Tuesdays, 5:00pm-6:00pm

Level 2*

January 7-April 8

Tuesdays, 6:15pm-7:15pm

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1st-12th Grade

Admin Gym

\$91

Level 3/Intermediate*

January 9-April 11

Thursdays, 5:15pm-6:15pm

Fridays, 10:15am-11:00am

Advanced*

January 9-April 11

Thursdays, 6:30pm-7:30pm

Fridays, 11:15am-Noon

**Instructor approval required for enrollment.*

After School Water Wednesday

Ages 6 to 11

MRC Pool

Session 1

January 8-February 5

Wednesdays, 4:00pm-5:15pm

\$18 | Register by January 3.

Session 2

February 12-March 12

Wednesdays, 4:00pm-5:15pm

\$18 | Register by February 5.

Session 3

March 26-April 23

Wednesdays, 4:00pm-5:15pm

\$18 | Register by March 19.

Fitness Room Orientation

Youth ages 13-14 must complete a Fitness Room Orientation to use the Fitness Room independently. Sign up at erbmrec.com/register or stop by the Front Desk.

Meeker Youth Boys Basketball - Rec. League

3rd-4th Grade:

BMS Gym

January 6-February 12

M/W ~ 6:00pm-7:00pm

\$42 | Register by December 30.

5th-6th Grade:

MES Gym

January 6-February 21

M/W ~ 6:00pm-7:00pm

Fr ~ 10:00am-11:00am

\$74 | Register by December 30.

Holiday Hoops Basketball Clinic

K-8th Grade

MHS Main Gym

Friday, January 3

10:00am-Noon

\$5 at the door (cash or check made out to MHS)

Junior Dribblers

1st-2nd Grade

MES Gym

March 25-April 17

Tu/Th ~ 5:45pm-6:45pm

\$28 | Register by March 18.

Youth Open Gym

K-12th Grade

MES Gym

January 10-March 14

Fridays, 1:00pm-2:30pm

\$1 punch/person/use

Get your Punch Pass at Guest Services.

Meeker Youth Track & Field

1st-6th Grade

Bob King Track at MHS

April 11-May 9

Fridays, 1:00pm-2:15pm

\$18 | Register by April 4.

Aquatics

Parent & Child Swim Lessons

Ages 6 months to 3 years

with parent/caregiver

February 3-26

Mondays & Wednesdays

10:00am-10:30am

\$38 | Register by January 21.

Preschool Swim Lessons

Ages 3-5

February 4-27

\$44 | Register by January 21.

Level 1

Tuesdays & Thursdays, 4:15pm-4:45pm

Level 2

Tuesdays & Thursdays, 4:55pm-5:25pm

Level 3

Tuesdays & Thursdays, 5:35pm-6:05pm

Swim Lessons

Ages 6+

February 3-26

\$48 | Register by January 20.

Level 1

Mondays & Wednesdays, 5:10pm-5:55pm

Level 2

Mondays & Wednesdays, 4:15pm-5:00pm

Level 3

Mondays & Wednesdays, 4:15pm-5:00pm

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April 1-24

\$48 | Register by March 18.

Level 4

Tuesdays & Thursdays, 4:15pm-5:00pm

Level 5

Tuesdays & Thursdays, 5:10pm-5:55pm

USA Swim Team Pre-Season

Ages 18 & Under (must pass assessment)

March 31-April 30

Mondays & Wednesdays

4:00pm-5:00pm

\$35 | Register by March 24.

Private and semi-private swim lessons are also available! Join the waitlist at erbmrec.com/aquatics

Adult Activities

Adult Open Gym

Tuesday evenings at the MES Gym.

January 7-28: Volleyball, 6:00pm-7:15pm

February 4-25: Pickleball, 6:00pm-7:15pm

March 4-25: Basketball, 7:00pm-8:15pm

April 1-22: Dodgeball, 7:00pm-8:15pm

\$1 punch/person/use. Get your Punch Pass at Guest Services.

Indoor Track Time

MHS Indoor Track

January 6-March 12

Mondays & Wednesdays

8:30am-9:30am

\$1 punch/person/use

Get your Punch Pass at Guest Services.

Adult Trips

Glenwood Gondola & Cave Tours

Glenwood Caverns Adventure Park

Glenwood Springs, CO

Monday, May 12

8:30am-6:00pm

\$65 | Register by May 4.

Kiss Me, Kate

Vernal Theatre

Vernal, UT

Friday, April 11

3:00pm-11:30pm

\$25 | Register by April 3.

Active Adult (62+)

Geezer Gather

Gentlemen 62+

MRC Lounge

Tuesdays starting Jan. 7

9:00am-10:30am

FREE! No registration needed.

Game Day

Ladies 62+

MRC Lounge

Wednesdays starting Jan. 8

9:00am-12:30pm

FREE! No registration needed.

Spring Social

Ages 62+

Thursday, April 17

11:30am-1:00pm

Fairfield Center

\$10/person

Group Fitness

Session 1

Register by January 10.

Groove Dance Fitness - \$40

M/W 9:30am-10:15am

Jan. 6-Feb. 5

Zen Cycling - \$20

Mon, 5:30pm-6:15pm

Jan. 6-Feb. 3

Aqua Power - \$40

Tu/Th 5:15am-6:00am

Jan 7-Feb 6

Aquacise - \$40

Tu/Th 8:45am-9:30am

Jan 7-Feb 6

Mat Strength Pilates - \$40

Tu/Th 12:10pm-12:50pm

Jan. 7-Feb. 6

Session 2

Register by February 14.

Core Yoga - \$40

M/W 12:10pm-12:50pm

Feb. 10-Mar. 12

Aqua Power - \$40

Tu/Th 5:15am-6:00am

Feb. 11-Mar. 13

Aquacise - \$40

Tu/Th 8:45am-9:30am

Feb. 11-Mar. 13

Raise the Barre - \$40

Tu/Th, 12:10pm-12:50pm

Feb. 11-Mar. 13

Mat Pilates - \$20

Tue, 5:30pm-6:15pm

Feb. 11-Mar. 11

Session 3

Register by March 28.

High Fitness - \$20

Mon, 6:30pm-7:15pm

Mar. 24-Apr. 21

Aqua Power - \$40

Tu/Th 5:15am-6:00am

Mar. 25-Apr. 24

Aquacise - \$40

Tu/Th 8:45am-9:30am

Mar. 25-Apr. 24

Pilates with Props - \$36

Tu/Th 12:10pm-12:50pm

Mar. 25-Apr. 24

Yogalates - \$20

Tue, 5:30pm-6:15pm

Mar. 25-Apr. 22

Groove Dance Fitness - \$20

Wed, 6:30pm-7:15pm

Mar. 26-Apr. 23

