



August-December 2025

Fall 2025 Activity Guide

Community Events

FREE! National Public Lands Day

Saturday, September 20, 8:00am-Noon
Ute Park Trailhead

BLM invites you to celebrate National Public Lands Day by volunteering to improve our local trails. All ages welcome! Youth 13 and under must be accompanied by an adult.

Participants will receive a T-shirt, drinks, and a snack courtesy of the BLM. Bring a sack lunch and water and wear sunscreen!

NEW! American Red Cross First Aid/CPR/AED Courses

August 30 OR September 20
9:00am-1:00pm
MRC Studio
Ages 12+ | \$75



*August Class: Register by August 25.
September Class: Register by September 15.*

FREE! Pumpkins Eats 'N Treats

Friday, October 31
Trick-or-Treating: 4:00pm
Parade Line Up: 4:45pm
Parade: 5:00pm
Downtown Meeker
All ages welcome!

Business owners and local organizations, please join us to hand out goodies! Call 970-878-7421 to sign up.

Harvest Pool Party

Friday, November 7
10:15am-Noon
All ages welcome!

Swimmers ages 7 and under must be accompanied in the water by someone 13 or older at all times.

Normal MRC fees apply.

American Red Cross Babysitter Training Course

November 14-15
Friday: 9:00am-3:00pm
Saturday: 9:00am-11:00am
MRC MP Room
Ages 12-18 | \$75



Register by November 7.

Fitness Room Orientation

Ages 13+
\$10 | *By appointment only.*

Youth 13-14 must complete a Fitness Room Orientation to use the Fitness Room unaccompanied.

FREE! Breakfast with Santa

Visit with Santa and enjoy free breakfast courtesy of the Meeker Lions Club!
Saturday, December 6
8:00am-10:00am
Fairfield Center
All ages welcome!



FREE! Annual Expo

Support ERBM dancers, cheerleaders, and tumblers as they showcase their skills!
Monday, December 15
6:00pm-8:00pm
Meeker Elementary School Gym
All ages welcome!

**Fall activity registration begins
Friday, August 8! erbmrec.com/register**



Activities for Kids

Ages 2-3

Parent/caregiver participation required. Complimentary Tot Spot available for siblings not enrolled in Tiny programs.

Tiny Games

September 11-October 9
Thursdays
10:00am-10:45am
Admin Gym
\$25 | Register by September 5.

Tiny Toes

October 16-November 13
Thursdays
10:00am-10:45am
MRC Studio
\$25 | Register by October 10.

PreK-K

Creative Movement

September 8-December 8
Mondays
4:00pm-5:00pm
MRC Studio
Ages PreK-K (Minimum age 4)
\$46 | Register by October 3.

Tumble Fun Tuesday

September 9-December 9
Tuesdays
4:00pm-4:45pm (Free shuttle)
Admin Gym
Ages PreK-K (Minimum age 4)
\$46 | Register by October 3.

Tumble Fun Wednesday

September 10-December 10
Wednesdays
4:00pm-4:45pm (Free shuttle)
Admin Gym
Ages PreK-K (Minimum age 4)
\$46 | Register by October 3.

Tot Spot Drop-In Childcare

September 3-December 17
Mondays & Wednesdays
9:00am-11:00am
MRC MP Room
Ages 6 months-7 years
Punch Pass: \$2/1 hr. or \$3/1.5 hrs
Parent/caregiver must remain in facility.

NEW! After School Sessions

1st-5th Grade
Meeker Recreation Center
No sessions during school closures.

Monday: Craft Day

4:00pm-5:00pm
Session 1: August 18-September 15 | \$20 | Register by August 15.
Session 2: September 22-October 27 | \$30 | Register by September 19.
Session 3: November 3-December 15 | \$30 | Register by October 31.

Tuesday: STEM Day

4:00pm-5:00pm
Session 1: August 19-September 16 | \$25 | Register by August 15.
Session 2: September 23-October 28 | \$30 | Register by September 19.
Session 3: November 4-December 16 | \$30 | Register by October 31.

Wednesday: Water Day

4:00pm-5:15pm
Session 1: August 20-September 17 | \$25 | Register by August 15.
Session 2: September 24-October 29 | \$30 | Register by September 19.
Session 3: November 5-December 17 | \$30 | Register by October 31.

Meeker Karate Club

Admin Gym | Register by September 22.

Level 1 | \$39

1st-5th Grade
September 9-November 18
Tuesdays, 5:00pm-6:00pm

Level 2 | \$39

1st-5th Grade
September 9-November 18
Tuesdays, 6:15pm-7:15pm

Level 3/Intermediate | \$77

1st-9th Grade
September 11-November 21
Thursdays: 5:15pm-6:15pm
Fridays: 10:15am-11:00am

Advanced | \$77

1st-12th Grade
September 11-November 21
Thursdays: 6:30pm-7:30pm
Fridays: 11:15am-Noon

Meeker Youth Basketball (MYB) Rec League-Girls

MES Gym
3rd-4th Grade:
October 8-November 19
Mondays & Wednesdays
5:45pm-6:45pm
\$49 | Register by October 1.

5th-6th Grade:

October
7-November 21
Tuesdays &
Thursdays:
5:45pm-6:45pm
Fridays:
10:00am-11:00am
\$74 | Register by
October 1.

Flag Football

September 8-October 8
Mondays & Wednesdays
5:30pm-6:30pm
1st-2nd Grade
Paintbrush Park Ballfield #2
\$35 | Register by September 5.

Youth Open Gym

October 24-December 19
Fridays
1:00pm-2:30pm
K-12th Grade
Children under 8 must have
someone 13+ present.
MES Gym
Punch Pass - \$1/punch/use



NEW! Family Night Pool Parties at MRC

Different themes for each party, inflatables, and water fun. Extended hours for working families: 4:00pm-7:00pm

- Thursday, September 18
- Thursday, October 16
- Thursday, December 11

Normal MRC fees apply. Swimmers ages 7 and under must be accompanied in the water by someone 13 or older at all times.



American Red Cross



Swim Lessons

October 14-November 6
Tuesdays & Thursdays

Register by October 7.

Preschool Aquatics (PSA)

Ages 3 to 5 | \$44

PSA 1 4:15pm-4:45pm

PSA 2 4:55pm-5:25pm

PSA 3 5:35pm-6:05pm

Learn to Swim (LTS)

Ages 6+ | \$48

LTS 1 4:15pm-5:00pm

LTS 2 5:10pm-5:55pm

Dance, Tumbling & Cheer

Cowboy Cheer

Admin Gym (Free shuttle)

\$46 | Register by October 3.

1st-2nd Grade:

September 8-December 8

Mondays

4:00pm-5:00pm

3rd-5th Grade:

September 11-December 11

Thursdays

4:00pm-5:00pm

Tap & Ballet

MRC Studio

\$105 | Register by October 17.

1st-2nd Grade:

September 11-April 30

Thursdays

4:00pm-5:00pm

3rd-5th Grade:

September 8-April 27

Mondays

5:15pm-6:15pm

Lyrical Dance

September 9-April 28

Tuesdays

5:30pm-6:30pm

MRC Studio

6th-8th Grade

\$105 | Register by October 17.

Tumbling & Acrobatics

Admin Gym

\$46 | Register by October 3.

1st-2nd Grade:

September 8-December 8

Mondays, 5:15pm-6:15pm

3rd-5th Grade:

September 10-December 10

Wednesdays, 5:15pm-6:15pm

6th-12th Grade:

September 8-December 8

Mondays, 6:30pm-7:30pm

Jazz Dance

MRC Studio

\$105 | Register by October 17.

1st-2nd Grade:

September 9-April 28

Tuesdays

4:00pm-5:00pm

3rd-5th Grade:

September 10-April 29

Wednesdays

4:00pm-5:00pm

6th-8th Grade:

September 10-April 29

Wednesdays

5:45pm-6:45pm

9th-12th Grade:

September 10-April 29

Wednesdays

7:00pm-8:15pm

Activities for Grown-Ups

Adult Hip Hop Intro Dance

September 11-October 9

Thursdays

6:30pm-7:30pm

MRC Studio

\$20 | Register by September 15.

Adult Line Dance

October 16-November 13

Thursdays

6:30pm-7:30pm

MRC Studio

\$20 | Register by October 20.

Leadville Scenic Train Ride

Friday, September 12

6:00am-5:00pm

Meet at MRC

Ages 18+

\$75/person

Register by September 3.



Photo: leadvilleraillroad.com

~ For Active Adults (Ages 62+) ~

Geezer Gather

Gentlemen 62+

September 2-December 9

Tuesdays, 9:00am-10:30am

MRC Lounge

FREE!

No registration needed.

Holiday Social

Ages 62+

Friday, December 5

11:30am-1:00pm

Fairfield Center

\$10 if you register by

December 4 (\$15 at the door)

Adult Open Gym Volleyball

Ages 18+

MES Gym

Tuesdays

Punch Pass - \$1/punch/use

November 4-18

7:00pm-8:15pm

December 2-16

6:00pm-7:15pm



Group Fitness Calendar

Find more details + register at erbmrec.com/groupfitness. Call 970-878-3403 with questions.

	Sun	Monday	Tuesday	Wednesday	Thursday	Fri	Sat
SESSION 1: SEPT. 8-OCT. 16 REGISTER BY SEPT. 12	SEPT 7	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 NEW! Power of 3 6:30-7:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 Raise the Barre: 5:30-6:15 		
	14	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 NEW! Power of 3 6:30-7:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 Raise the Barre: 5:30-6:15 		
	21	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 NEW! Power of 3 6:30-7:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 Raise the Barre: 5:30-6:15 		
	28	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 NEW! Power of 3 6:30-7:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 Raise the Barre: 5:30-6:15 		
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	12	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 NEW! Power of 3 6:30-7:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 	<ul style="list-style-type: none"> Groove Dance 9:30-10:15 Core Yoga 12:10-12:50 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Barre Fit: 12:10-12:50 Raise the Barre: 5:30-6:15 		
SESSION 2: OCT. 20-NOV. 20 REGISTER BY OCT. 24	19	<ul style="list-style-type: none"> Raise the Barre 9:30-10:15 Balance Yoga 12:10-12:50 High Fitness 6:30-7:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Pilates w/ Props 12:10-12:50 	<ul style="list-style-type: none"> Raise the Barre 9:30-10:15 Balance Yoga 12:10-12:50 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Pilates w/ Props 12:10-12:50 Mat Pilates 5:30-6:15 		
	26	<ul style="list-style-type: none"> Raise the Barre 9:30-10:15 Balance Yoga 12:10-12:50 High Fitness 6:30-7:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Pilates w/ Props 12:10-12:50 	<ul style="list-style-type: none"> Raise the Barre 9:30-10:15 Balance Yoga 12:10-12:50 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Pilates w/ Props 12:10-12:50 Mat Pilates 5:30-6:15 		
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SESSION 3: DEC. 1-18 REGISTER BY DEC. 5	23	<ul style="list-style-type: none"> Peppermint Pilates 9:30-10:15 NEW! Cookie Crusher 6:30-7:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Jingle Bell Barre 12:10-12:50 	<ul style="list-style-type: none"> Peppermint Pilates 9:30-10:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Jingle Bell Barre 12:10-12:50 Frosty's Flex 5:30-6:15 		
	30	<ul style="list-style-type: none"> Peppermint Pilates 9:30-10:15 NEW! Cookie Crusher 6:30-7:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Jingle Bell Barre 12:10-12:50 	<ul style="list-style-type: none"> Peppermint Pilates 9:30-10:15 	<ul style="list-style-type: none"> Aqua Power 5:15-6 Aquacise 8:45-9:30 Jingle Bell Barre 12:10-12:50 Frosty's Flex 5:30-6:15 		
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Tot Spot available for Session 1 Groove Dance Fitness, Session 2 Raise the Barre, and Session 3 Peppermint Pilates!